

HOW TO GET TO URBAN SPRING PILATES TTDI

6A & 6B, Jalan Wan Kadir, Taman Tun Dr Ismail, 60000 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur
([Maps](#) | [Waze](#))

TRAVELLING BY CAR - WHERE TO PARK:

1. Street Parking

- DBKL-sanctioned street parking can be found in the following areas:
 - Opposite the studio
 - Beside Bedouin Arabian Cuisine
 - Across the street along Jalan Wan Kadir 3 (where Plaza TTDI is located)

2. Plaza VADS ([Maps](#) | [Waze](#))

Mon - Fri (7am - 6.59pm)	1st hour	RM 3.00
	Subsequent hours	RM 2.00 (no max.)
Mon - Fri (7pm - 6.59am)	RM 5.00/entry	
Weekends & Public Holidays	RM 5.00/entry	

- 3 floors of parking bays available (B1-B3)
- To get to the studio:
 - Exit the building at the ground floor
 - Turn left at Anytime Fitness
 - Turn left again at the small street between Anytime Fitness and Klinik Utama
 - Walk down 1 block until you reach the end of the street where you will see a building with the sign board for Bedouin Arabian Cuisine
 - Turn left and you will find us at 6A & 6B. We are located on the first floor above Bedouin Arabian Cuisine

3. Pasar Besar TTDI ([Maps](#) | [Waze](#))

Mon - Sat (6am - 6pm)					Mon - Sat (6pm - 6am)	Sun & Public Holidays
1st hour	2nd hour	3rd hour	4th hour	5th hour & beyond	RM 2.00/entry	Free of charge
RM 1.00	RM 2.00	RM 5.00	RM 10.00	RM 40.00		

- The market is open from 6am to 2pm, every Tuesday to Sunday
- To get to the studio:
 - Exit the parking lot and turn left. You will see Bedouin Arabian Cuisine in front
 - Walk towards Bedouin Arabian Cuisine
 - You will find us at 6A & 6B. We are located on the first floor above Bedouin Arabian Cuisine.

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4. The Greens TTDI ([Maps](#) | [Waze](#))

Mon - Fri (7am - 5.59pm)	1st hour	RM 3.00
	Subsequent hours	RM 2.00 (max. RM30.00)
Mon - Fri (6pm - 6.59am)	RM 5.00/entry	
Weekends & Public Holidays	RM 5.00/entry	

- 1 floor of parking bays available
- To get to the studio:
 - Exit the building at the ground floor, near Kenny Hills Bakers
 - Cross the street towards the offices of LGB and Bellworth
 - Walk towards the offices of LGB and Bellworth and turn right towards Bedouin Arabian Cuisine.
 - You will find us at 6A & 6B. We are located on the first floor above Bedouin Arabian Cuisine.

5. Menara LGB ([Maps](#) | [Waze](#))

Mon - Fri (7am - 5.59pm)	1st hour	RM 3.00
	Subsequent hours	RM 2.50 (max. RM35.00)
Mon - Fri (6pm - 6.59am)	RM 3.00/entry	
Weekends & Public Holidays	RM 3.00/entry	

- There are more parking bays available on P3 and P4 during working hours. During weekends and public holidays, there are ample parking bays available on all floors (P1-P4)
- To get to the studio:
 - Take the lift to the ground floor, and exit the building at the doors by Caffe Pascucci
 - Look out for the sign "Exit to street through here" outside the door, and take the staircase down towards the street. You will see Kubis & Kale at the landing
 - Turn left and walk up the street until you see the offices of LGB and Bellworth
 - Walk towards the offices of LGB and Bellworth and turn right towards Bedouin Arabian Cuisine.
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TRAVELLING BY CAR - WHERE TO PARK:

6. Plaza TTDI ([Maps](#) | [Waze](#))

6am - 9.59pm	RM 3.00/hour (no max.)
10pm - 5.59am	RM 10.00/entry

- 2 floors of parking bays available (B1-B2)
- To get to the studio:
 - Exit the building at the ground floor, near Hero Market
 - Turn right and walk up the street (Jalan Wan Kadir 3), until you see the offices of LGB and Bellworth
 - Cross the street towards the offices of LGB and Bellworth.
 - Walk towards the offices of LGB and Bellworth and turn right towards Bedouin Arabian Cuisine.
 - You will find us at 6A & 6B. We are located on the first floor above Bedouin Arabian Cuisine.

TRAVELLING BY PUBLIC TRANSPORT - MRT:

- We are a 5-minute walk away from the Taman Tun Dr Ismail MRT station
- To get to the studio:
 - Exit the station through Pintu B | Jalan Wan Kadir 4.
 - Turn right after the escalator. You will see TTDI Plaza Condominium signage.
 - Turn left and walk up the street of Jalan Wan Kadir 3. You will see Hero Market, Naelofar, and Dyson on your right along the way.
 - Continue walking to the end of the street, where you will see the offices of LGB and Bellworth.
 - Cross the street towards the offices of LGB and Bellworth and turn right towards Bedouin Arabian Cuisine.
 - You will find us at 6A & 6B. We are located on the first floor above Bedouin Arabian Cuisine.